



UNLEASH POSSIBILITY

PHILIPPINES RETREAT MAY 2020 ITINERARY

DAY 1 9 MAY

ARRIVE IN MANILA AT 5PM AT THE LATEST. CULTURAL WELCOME. HISTORY AND UNDERSTANDING OF THE PHILIPPINES.

DAY 2 10 MAY

BREAKFAST. ARRIVE IN THE VILLAGE. EDUCATION WORKSHOP. BOODLE FIGHT LUNCH. INTRAMUROS VISIT & HISTORICAL TRIP. CULTURAL DINNER IN THE VILLAGE.

DAY 3 11 MAY

BREAKFAST AND REFLECTION. FLIGHT TO CORON. FREE TIME & SWIM. YOGA AND DINNER.

DAY 4 12 MAY

ROOFTOP YOGA AND BREAKFAST. INTRODUCTION AND WELCOME. LEADERSHIP WORKSHOP. LUNCH, SWIM, FREE TIME. WORKSHOP. DINNER.

DAY 5 13 MAY

ROOFTOP YOGA AND BREAKFAST. INTRODUCTION AND WELCOME. LEADERSHIP WORKSHOP. LUNCH, SWIM, FREE TIME. WORKSHOP. SUNSET WALK UP THE MOUNTAIN. DINNER.

DAY 6 14 MAY

ROOFTOP YOGA AND BREAKFAST. INTRODUCTION AND WELCOME. LEADERSHIP WORKSHOP. LUNCH, SWIM, FREE TIME. WORKSHOP. DINNER.

DAY 7 15 MAY

ISLAND HOPPING TOUR. MASSAGE. YOGA. DINNER CELEBRATION.

DAY 8 16 MAY

ROOFTOP YOGA AND BREAKFAST. SUM UP AND REFLECTION. FLIGHT TO MANILA.